

Solana Beach School District

Community Resources

Disclaimer: Solana Beach School District assumes no responsibility for the payment, services rendered, or admission into any service listed below. This is not an exhaustive resource list.

General Info:

[San Diego County Office of Education](#): Includes news updates, resources, and links to helpful websites including the CDC.

[211](#) All purpose social resource information line; Speak to a resource specialist about your needs.

[San Diego COVID-19 Community Response Fund](#) - A coalition of philanthropy, government and business partners has joined together to create the San Diego COVID-19 Community Response Fund to rapidly deploy flexible resources to community-based organizations at the frontlines of the coronavirus outbreak in San Diego County.

Meals:

SBSD families with financial considerations and who are participants in our Free and Reduced Priced Meal Lunch Program (FRPM), Child Nutrition Services have taken measures to ensure that there will be no interruption in daily service with providing meals to these students.

Beginning Monday, March 16, 2020, meals are being served at three sites Monday through Friday from 11:30am – 12:30pm, each week that we are closed (excluding the week of Spring Break April 6-10), The three distribution sites are Skyline, Solana Ranch, and Solana Highlands. Distribution will be at the front of the Schools. These sites will offer a drive through/walk up “Grab & Go” service whereas students, when accompanied by a parent or guardian, will be able to receive a bagged lunch including a daily entrée, vegetables, fruit, milk, and juice. Locations are subject to change. Families in the meal program will be notified of any such changes.

[San Diego Food Bank](#)

[Neighborhood Distribution Program by Region:](#)

Child Care:[YMCA Child Care Referrals](#)

1-800-481-2151

[San Diego County Centralized Eligibility List](#) 1-800-521-0560 (Help for low income families with paying for childcare; may have wait list)

[Employment Development Department-FAQs on Paid Family Leave Benefits](#)**Health Care:**

If family members are experiencing symptoms of COVID-19, you should call your health clinic, doctor's office, and/or the hospital first to describe your symptoms before going in, so that clinic/hospital personnel can provide direction. If families need to call 911, you should also provide you or your family member's symptoms to the dispatcher so that the first responders can be adequately protected when they arrive at your home.

[North County Health Services](#) (Medi-Cal, Sliding scale low income), 760-736-6767 (San Marcos)

[Vista Community Health Clinic](#) (Medi-Cal, Sliding scale low income) 844-308-5003 (Multiple locations, same number)

[Neighborhood Health Care](#) (Medi-Cal, Sliding scale low income) 760-690-5907 (Escondido)

[Rady's Children's Hospital](#) (Medi-cal) 858-576-1700 (Multiple locations)

Mental Health:

For counseling referrals you can call your insurance provider for a list of covered mental health providers, ask your primary care health provider or call The Access and Crisis Line 888-724-7240, available 24/7.

[New Alternatives](#) (Medi-cal or Uninsured)

760-798-0299

[Rady's Children Outpatient Psychiatry Clinics](#) (Medi-cal Only) 760-294-9270 (Escondido), 858-966-8268 (San Diego)

[Palomar Family Counseling](#) (Medi-cal, Sliding scale low income) 760-741-2660 (Escondido), 760-630-3505 (Vista)

[North County Health Services](#) (Medi-cal, Sliding scale low income), 760-736-6767 (San Marcos)

[Vista Community Health Clinic](#) (Medi-cal, Sliding scale low income) 844-308-5003 (Multiple locations, same number)

[Psychiatric Centers of San Diego](#) (619) 528-4600 (Various San Diego locations)

[North County Lifeline](#) (Medi-cal, Sliding scale low income), 760-757-0118 (Vista)

[Mental Health Systems](#) (Medi-cal, Sliding scale low income) 760-747-0205 (Escondido)

[PsyCare](#) (Therapy and Psychiatry) (858) 279-1223 (San Marcos)

Mental Health Emergency Evaluation Centers:

If you feel you or a loved one is experiencing a mental health emergency, contact 911.

[Access and Crisis Line](#)
888-724-7240

[Psychiatric Evaluation Response Team \(PERT\)](#) (619) 276-8112 or 911 and ask for PERT response

[North County Crisis Response and Intervention](#) 760-233-0133 (Escondido), 760-305-8232 (Vista)

[Aurora Behavioral Health](#) (858)
487-3200

[Sharp Mesa Vista Hospital](#) (858)

278-4110

[Emergency Screening Unit \(619\)](#)

421-6900

Housing and Shelter

Resources:

[Rental Assistance and Affordable Housing Directory 2020](#)

[Emergency Shelter Contact List](#)